



Home of the Cobras!

Our Lady of the Cape

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Date: October 24, 2014

A message from our Principal

Another great week has passed at OLOC. We had students on an extended Outdoor Education opportunity, initiated Bus Monit Training with the RCMP and started that program, had a visit from the Autism Society NL, our Youth Ambassadors got new T-Shirts and we started our Preschool Program... those are just part of the activities that took place this week! Busy busy busy!

-- Mr. C. Ivan!

What's new this week?

- Our very own Ms. Ploughman has agreed to run ZUMBA on Monday mornings as part of our daily physical activity program! A big thanks to Ms. Lucas (PHN) who held these sessions for us in September and October; unfortunately she was unable to continue this with us.
- Preschool registration took place from 1-3 on Friday afternoon. Children who will be 4 years old this year are eligible to attend -- we only have ONE space left!
- The Kids Eat Smart sponsor sheets that went home this week are due back by Friday, October 31st.
- Kinderstart will begin on Tuesday, November 4th!

Weekly Feature!



Kelli Lannon, Regional Assistant Manager of the Western Chapter of the Autism Society of NL visited our school to promote awareness around Autism Spectrum Disorders. October is Autism Awareness Month! Everyone learned a lot -- thanks Ms. Lannon!



Our school is playing host to a Special Olympics event on November 5th from 1pm-3pm. All schools in the Bay St. George Region are invited to have their students take part! We are also offering the S.O. FUNDamentals program at our school!

SPECIAL OLYMPICS



We need volunteers to help the Special Olympics NL coordinators work through the day on November 5th! Contact the school ASAP if you can help!

NOTICE:

Picture Day is October 29th!
You can return pre-orders to the school on that day!