



Home of the Cobras!

Our Lady of the Cape

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A message from our Principal

We have had our external review to validate our progress on the School Development Plan for OLOC and we are very pleased to say that the report recognizes all of the wonderful things we do here on a daily basis to promote successful teaching and learning. I'm proud to be the principal of our school every day but even more-so when I see us shine!

-- Mr. C. Ivany

What's new this week?

- Hot Lunch Menu for next week on the back.
- Please remember that we do not offer 'warm-up' service for lunches ... this is a healthcare directive.
- Events Calendar for Winter Carnival on the back.
- Our Jr. High had a great time last week at PCH's Mental Health and Addictions presentation with Jeremy Bennet!
- Next week is bullying awareness, Stand-up Week, Anti-Violence week -- generally a week for all of us to say: NO MORE NEGATIVITY! Activities will be going on all week for students to explore and celebrate their individuality!
- NINE of our students joined Mr. Burt at a floor-hockey tournament in Lourdes on Thursday!
- On Thursday, February 26, we are hosting a Literacy Fair starting at 1:00pm! Come out and see what our students have to say about what they've been reading!
- Everyone asked to bring a 2L empty Milk Carton for next week's activities on Wednesday!



Four of our girls participated in the Cape St. George "Ice Princess" Pageant on Friday of last week. Nevada Jesso, Steffany Jenkins, Alyssa Jesso and Kierara Tallack did an excellent job of showing off their talents -- we are proud of them all! A special congratulations to Kieara for receiving the 1st Runner-Up award!



WINTER CARNIVAL

Every day next week we will be providing a hot lunch for students. Each student pays \$5 for the week (no more than \$10 per family) and will get served delicious and nutritious food all week long!

A BIG Thanks to Ecole Notre Dam du Cap for inviting us to participate in their outdoor Winter Carnival event on Wednesday. Everyone had a GREAT time! We are proud to partner with our 'sister' school!

NOTICE:
Hot Lunches all
next week!

HOT LUNCH MENU FEBRUARY 23-27

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------|-------------------------|--------------------------|-----------------------------------|------------------------------------|
| Toutons and Fruit | Hotdogs and Hash Browns | Chicken Nuggets and Rice | Spaghetti and Rolls (with butter) | Beaver Tail and Toppings with Milk |

EVENTS CALENDAR FEBRUARY 23-27

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|
| <p>“Close the Door on Bullying” (Door Decorating)</p> <p>Moo-Off (competition where students moo like a cow!)</p> | <p>Spirit Teams Anti-Bullying/ Violence Chant Activity</p> | <p>STAND UP DAY Pink Shirts</p> <p>Jr. High -- Coalition to End Violence seminar</p> <p>Bullying and Equality Awareness Activities</p> <p>Bully Ball (intramurals)</p> <p>Team Snow Sculpture Activity (Everyone asked to bring an empty 2L Milk Carton)</p> | <p>Literacy Fair (Starting at 1:00pm - Open to Public)</p> | <p>Dress as your Future Career Day</p> <p>Soc Hop 2:00-2:45</p> |